Electrosmog is the potentially harmful microwave radiation that comes from the wireless communications that now surround us.

The Electrosmog Detector provides an aid to healthy living in today’s wireless world.

**We are all different.** No one can tell you what level of exposure is safe for you and your family. Some people have high tolerance levels while others, the electrosensitive, have almost zero. Only this is clear, each one of us has a limit.

This device does not aim to tell you what level is safe for you. It is not an emergency warning device. Nor is it an alarm.

It is a healthcare aid and an educational tool. It provides you with an impression of your personal exposure to microwave communications signals, encouraging you to go find out for yourself and reduce your exposure.

Check your home and workplace regularly - the wireless world is a fast-moving environment.

Your device detects emissions from all equipment operating between 50 MHz and 3000 MHz and is sensitive down to 0.01 volts per metre (V/m).

The Electrosmog Detector can identify the source, the source type and the intensity of your wireless microwave radiation.

When you are holding the Detector correctly, it should be vertical and you should be able to see yourself in the reflection of the speaker cover.
How to use your Electrosmog Detector

Begin by finding a quiet zone far away from any domestic or external sources of wireless radiation. Switch on your Detector. Even at full volume, all you will hear is the familiar and gentle radio hiss. With no discernable interfering noises or digital chatter you can be reassured that, unless you are extremely sensitive, there are no active emissions sufficient to disturb your body’s well-being. This is your reference level. This is the level that you should aim for especially in bedrooms where a good night’s rest is one of the body’s greatest healers.

Next, locate a digital cordless DECT phone cradle or base station. As you get closer to it, you will hear just how aggressive is the radiation constantly emitting from it. Clearly, digital cordless phone stations (including digital baby alarms) should be positioned as far as possible from seating areas and beds and certainly not left on bedside tables.

With the Detector at 2 metres distance, make a call on a mobile phone. You will experience the sounds of the digital pulsing that goes through the brain with every call.

Find your nearest mobile phone transmitter base station and compare the emissions with those from mobile devices. Where possible, walk around or past the site moving the Electrosmog Detector in all directions to gauge where the hotspots are. Sometimes a hotspot will be found where microwave radiation has come in through a window and has been deflected off the wall or ceiling. You will hear that there are considerable differences in intensity even within metres.

Protecting yourself

Once you have detected your hotspots using the Electrosmog Detector, you can then rearrange your personal environment so that you do not spend the majority of your time sitting or sleeping in close proximity to your particular microwave radiation sources.

If you are close to mobile phone masts, you can protect yourself further by adding shielding fabrics at your windows, as curtains or as curtain linings, made from material similar to fine gauze.

Remember to use your Electrosmog Detector frequently to check your personal environment - and use it in your workplace and while travelling.

Shielding solutions are available from the Sensory Perspective website: [www.sensoryperspective.com](http://www.sensoryperspective.com)

Data bank

**Included:** a headphone socket, and a 9V alkaline battery (MN1604/6LR61) sufficient for 20 hours continuous use.

**Warranty:** Two years from date of purchase (excluding battery) against any defects due to faulty materials or workmanship. This warranty does not include damage to the product resulting from accident or misuse.

**More information:** [www.sensoryperspective.com](http://www.sensoryperspective.com)
Here you will find answers to Frequently Asked Questions and hear sample sounds from the wireless world.

**Contact/helpline:** Tel: +44 (0) 84500 31355

**Email:** service@sensoryperspective.com

**Admin Office Address:** Sensory Perspective Ltd.,
100 Baker Street
London W1U 6WG
UK